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Education

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| 2021 – present | Training in Cognitive-Behavioural Therapy (CBT), Mental Health Research and Treatment Center, Ruhr-University Bochum, Germany |
| 2021 – present | Ph.D. student with Junior Prof. Dr. Marcella Woud and Prof. Dr. Jürgen Margraf at Mental Health Research and Treatment Center, Ruhr University Bochum, Germany |
| 2018 – 2020 | Master of Science in Psychology, Heinrich-Heine-University Düsseldorf, Germany |
| 2015 – 2018 | Bachelor of Science in Psychology, Heinrich-Heine-University Düsseldorf, Germany |

Professional Experience

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| 2021 – present | Psychotherapist in training, St. Marien Hospital Eickel, Herne, Germany |
| 2020 – 2021 | Psychologist in psychooncology, Niederrhein Clinic, Korschenbroich, Germany |