

## **M.Sc. Felix Würtz**



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## Education

- 11/18 – today      **Doctoral studies in Clinical Psychology**  
Ruhr-University Bochum (DE)  
Supervision: Prof. Dr. Jürgen Margraf, Prof. Dr. Marcella Woud
- 10/22 – 02/23      **Visiting Doctoral Student**  
Tel Aviv University (IL)  
Prof. Dr. Yair Bar-Haim
- 10/16 – 07/18      **Master of Science Clinical Psychology**  
Ruhr-University Bochum (DE)
- 10/13 – 07/16      **Bachelor of Science Psychology**  
Ruhr-University Bochum (DE)
- 07/13                **Abitur**  
Neues Gymnasium Bochum (DE)

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## Awards & Prizes

- 2020                Travel grant from the Deutsches Kollegium für Psychosomatische  
Medizin (DKPM) for the Deutschen Psychosomatik Kongress (Berlin,  
DE)
- 2020                Doctoral scholarship of the Studienstiftung des deutschen Volkes

## Research

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### Main Research Interests

- Assessment and modification of cognitive biases in emotional psychopathology
- Basic research on cognitive models of emotional psychopathology
- Experimental psychopathology and Cognitive Bias Modification (CBM)

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### Reviewer

- Cognitive Therapy and Research
- BMC Psychiatry
- British Journal of Clinical Psychology
- Neuroscience and Biobehavioral Reviews
- Journal of Experimental Psychopathology

## Publications & Conferences

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### Papers in peer reviewed journals

1. **Würtz, F.**, Steinman, S., Blackwell, S. E., Wilhelm, F. H., Reinecke, A., Adolph, D., Margraf, J., & Woud, M. L. (2023). Effects of Training Body-Related Interpretations on Panic-Related Cognitions and Symptoms. *Cognitive Therapy and Research*. <https://doi.org/10.1007/s10608-023-10358-9>
2. **Würtz, F.**, Blackwell, S. E., Margraf, J., & Woud, M. L. (2022). The world dangerous it is—The scrambled sentences task in the context of posttraumatic stress symptoms. *Journal of Experimental Psychopathology*, *13*(3), 204380872211247. <https://doi.org/10.1177/20438087221124737>
3. **Würtz, F.**, Zahler, L., Blackwell, S. E., Margraf, J., Bagheri, M., & Woud, M. L. (2022). Scrambled but valid? The scrambled sentences task as a measure of interpretation biases in psychopathology: A systematic review and meta-analysis. *Clinical Psychology Review*, *93*, 102133. <https://doi.org/10.1016/j.cpr.2022.102133>
4. Woud, M. L., Wittekind, C. E., & **Würtz, F.** (2022). Cognitive Bias Modification bei Symptomen der Posttraumatischen Belastungsstörung. *Verhaltenstherapie*, *32*(3), 139-147. <https://doi.org/10.1159/000524709>
5. **Würtz, F.**, Krans, J., Blackwell, S.E., Cwik, J.C., Margraf, J., & Woud, M.L., (2021). Using Cognitive Bias Modification-Appraisal Training to Manipulate Appraisals about the Self and the World in Analog Trauma. *Cognitive Therapy and Research*. <https://doi.org/10.1007/s10608-021-10257-x>
6. Woud, M.L., Blackwell, S.E., Shkreli, L., **Würtz, F.**, Cwik, J.C., Margraf, J., ... & Kessler, H. (2021). The effects of modifying dysfunctional appraisals in Post-Traumatic stress disorder using a form of cognitive bias modification: Results of a randomized controlled trial in an inpatient setting. *Psychotherapy and Psychosomatics*. <https://doi.org/10.1159/000514166>
7. Blackwell, S.E., Dooley, D., **Würtz, F.**, Woud, M.L., & Margraf, J., (2020). Inducing positive involuntary mental imagery in everyday life: an experimental investigation. *Memory*. <https://doi.org/10.1080/09658211.2020.1822413>
8. Woud, M.L., Cwik, J.C., de Kleine, R.A., Blackwell, S.E., **Würtz, F.**, & Margraf, J., (2019). Assessing Trauma-Related Appraisals by Means of a Scenario-Based Approach. *Cognitive Therapy and Research*. <https://doi.org/10.1007/s10608-018-9956-z>

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### Preprints

1. Haehner, P., **Würtz, F.**, Kritzler, S., Kunna, M., Luhmann, M., & Woud, M. L. (2023). The Relationship Between the Perception of Major Life Events and Depression in Adulthood: A Scoping Review [Preprint]. PsyArXiv. <https://doi.org/10.31234/osf.io/p3qzc>

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### Conference contributions

- 2022 Poster: *Interpreting my Expectations – The Interplay of Interpretation Biases, Cognitive Immunization and Depressive Symptoms*. 1. Deutscher Psychotherapie Kongress, Berlin (DE).
- 2021 Chaired Symposium: *Assessment and Modification of Cognitive Biases in Psychopathology*. Annual Congress of the European Association for Behavioural and Cognitive Therapies (EABCT), Belfast (UK).
- 2021 Individual Talk: *From Scrambled Sentences to Valid Assessment – Measuring Interpretation Biases using the Scrambled Sentences Task*. Annual Congress of the European Association for Behavioural and Cognitive Therapies (EABCT), Belfast (UK).
- 2020 Individual Talk: *Die Effekte von Appraisal Training bei Analogen Trauma Symptomen*. Deutscher Psychosomatik Kongress Berlin (DE).

- 2019 Poster: *The role of appraisals about the self or the world in analogue trauma*. Pre-Conference workshop of the 9<sup>th</sup> World Congress of Behavioural and Cognitive Therapies (WCBCT), Berlin (DE).
- 2019 Individual Talk: *Effects of re-appraisal training on responses to a distressing autobiographical event*. 60. Tagung Experimentell Arbeitender Psychologen (TEAP), London (UK).
- 2019 Individual Talk: *Anxiety sensitivity and panic related interpretations neural correlates and behavioural outcomes*. Cognitive Bias Modification Workshop, organized by the Ruhr-University Bochum, Bochum (DE).
- 2018 Individual Talk: *Störungsspezifische Interpretationsbiases in der Pathogenese von PTBS und Depressionen nach Traumaexposition*. Cognitive Bias Modification Workshop, organized by the Ruhr-University Bochum, Bochum (DE)